

Bhavan: Assam

Press Release No. 35

Virtual yoga programme in Raj Bhavan

Guwahati, June 18: As a run up to the celebrations of International Day of Yoga 2021, a virtual yoga programme is underway at Raj Bhavan. The yoga programme is being done on virtual platform considering the prevailing Covid 19 situation.

Governor Prof. Jagdish Mukhi and the First Lady Smt. Prem Mukhi are participating the yoga sessions and urged everybody to participate and practice yoga on a daily basis, more particularly on the day of the International Day of Yoga on 21 June from home with their family members.

All interested yoga enthusiasts can join the session on 21st June at 7 am to celebrate the International Day of Yoga on the link <https://360sslive.com/vc/rajbhavan/yogaday21> provided by AMTRON.

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